

TEAM MMK KARATE CAMP 2



MORGAN MOSS KARATE
INTERNATIONAL

Children u/14, Cadet (14/15),
Jnr (16/17) & Seniors (18+)

Full Karate Suit (GI) & Belt,
Running Shoes, Cap, T-shirt,
Shorts, Full Equipment

18 JAN 25
SATURDAY

07 - 05
AM PM

MMK HQ
6 PLUTO AVE

R 250



076 336 5351
info@mmki-karate.com
www.mmki-karate.com



076-336-5351

076-104-4067

info@mmki-karate.com

MMKI - HQ: 6 Pluto Avenue, Wilropark, Roodepoort

MMKI - Noordheuwel: 12 Sneeuwberg Ave, Noordheuwel

MMKI - Witpoortjie: Witpoortjie Recreation Centre

2025 MMK TRAINING CAMP 2

CHILDREN (7-13), CADETS (14/15), JUNIORS (16/17), SENIORS (18+) & VETERANS/MASTERS

Dear parents and students

The club will be hosting its Second elite training camp for the year. This will kickstart our elite squad's preparation for the 2025 Season and will take place on the 18th January 2025.

Please make sure that you read the following information carefully regarding you/your child's participation and ensure that the following matters are addressed.

CAMP INFORMATION

- VENUE:** Morgan Moss Karate – HQ, 6 Pluto Avenue, Wilropark
DATE: Saturday, 18 January 2025
COST: The cost of the camp is R250 and is payable in cash on or before the day of the camp. NO EFT. Payment after the camp will be R 300.
DRESS: Full karate suit (Gi) and belt, running shoes, cap, T-shirt, shorts, full equipment
TIME: Saturday **(07:00-17:00)**

Saturday

- 07:00 – 09:00 Cadets, Juniors & Seniors
09:15 – 10:30 Cadet, Juniors & Seniors
11:00 – 12:30 ALL (Children – Seniors)
13:30 – 14:30 Children (7-13)
14:45 – 15:45 Children (7-13)
16:00 – 17:00 Children (10-13)

Important Dates:

- Jan 18 MMK Camp 2
Jan 25-26 KSA Trials (12/13, Cadets (14/15), Juniors (16/17), Seniors (18+)
Feb 1-2 GKF Trials, Johannesburg
Feb 21-23 KSA Nationals, U/21, Seniors, Veterans, Mpumalanga
Mar 1 MMK Camp 3
Mar 7-9 KSA Nationals, Childrens, Cadets, Juniors, KZN
Apr 11-13 KSA League Championships, Bloemfontein

www.mmki-karate.com



Follow us on YouTube