

**CALL NOW OR
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WE OFFER

Complimentary Lessons, Traditional Karate, Sport Karate, Private Classes, Qualified Instructors, Authentic Grades, Family Discounts

MORGAN MOSS KARATE

& SPORTS CONDITIONING



Proudly affiliated to Goju-Ryu Karate-Do Seiwa-Kai, World Karate Federation, Karate South Africa, West Rand Karate

Branches in Wilro Park, Noordheuwel, Witpoortjie, Selected Schools & Pre-Schools

**CALL US
076 336 5351
076 104 4067**

**www.mmki-karate.com
info@mmki-karate.com**



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OUR CLUB RICH IN HISTORY

MMKI was established in 2006 and has grown into the number one club in the West Rand. Throughout our 19-year history we have produced the following:

Black Belts: 51

National (Protea) Team Members: 49 Provincial Team Members: 104

Regional Team Members: 130

SA Goju Team Members: 37

WKF Medals: 6

At MMKI we believe in hard work. Of course, our classes are functional, enjoyable and dare I use the word 'fun', but our focus is on developing, working hard at achieving the little victories in our karate journey aiding in our self-discovery.

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MEET THE HEAD INSTRUCTOR AND FOUNDER

Morgan Moss is the founder of MMKI and the head Instructor of the club. Morgan has 32 years of experience in the field of karate and has multiple titles and qualifications that make this facility world class. Currently Morgan is also the Head Coach of the South African (Protea) Senior Team and President of the West Rand Karate Federation.

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QUALIFICATIONS - ACADEMIC

**BA Hons Sport Science (UJ)
BA Child and Family Psychology (UJ)
BA Sport Psychology (UJ)**

**Level 3 First Aid (FOS)
Sport Massage Therapy (HFPA)
Sports Nutrition and Supplementation (HFPA)
Instructors Diploma (IBA)**

**Safeguarding Awareness Certificate
Schools Safeguarding Awareness Certificate
Safeguarding Officer Course Level 4**

**World Karate Federation Accredited Coach (WKF)
World Karate Federation Kumite Coach License (WKF)
World Karate Federation Kata Coach License (WKF)**

**African Karate Federation Accredited Coach (UFAK) African Karate
Federation Kumite Coach License (UFAK) African Karate Federation
Kata Coach License (UFAK)**

**West Rand Head Coach
Gauteng Assistant Coach
South African Senior Head Coach**

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QUALIFICATIONS - KARATE

**Godan (5th Dan - Japanese Graded)
Godan (5th Dan - KSA Graded)**

WORLD PREMIER LEAGUE GRAND CHAMPION (WKF)

WORLD CHAMPION (WGKF)

Commonwealth Champion

African Champion

African Student Champion

UFAK South/Zone 6 Champion

Winner of the Korean, Vienna, Banzai (German), Basler (Swiss), Finnish, Sugihara (NZ), SA, Botswana & Mozambique Open Internationals

South African Champion

South African Student Champion

South African Goju-Ryu Champion

Gauteng Champion

West Rand Champion

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OUR FEES

TRADITIONAL KARATE

1 Member

R 650 per member

2 Members

R 600 per member

3 Members

R 550 per member

4 Members

R 500 per member

5 Members

R 450 per member

**1 Member (Pre-Karate 3/4/5
Years)**

R 500 per member

AFFILIATION/JOINING FEES

R 750

SPECIALISED COMPETITION TRAINING

7-11 Years

R 300 per member

12-13 Years

R 350 per member

14+ Years

R 400 per member

External members

R 750 per member

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OUR TIMES -

**MMKI HEADQUARTERS
6 PLUTO AVENUE
WILRO PARK**

Monday & Wednesday

17:00 - 17:45 Beginners Class 1 (White)

17:45 - 18:30 Beginners Class 2 (White/Yellow/Jnr Orange)

18:30 - 19:45 Senior Competition Class

Tuesday & Thursday

16:45 - 17:15 Pre-Karate Class (3/4/5 years)

17:15 - 18:15 Intermediate Class (Orange/Green/Blue)

18:15 - 19:15 Advanced Class (Purple/Brown/Jnr Black)

19:15 - 20:30 Senior Class (Snr Black & Adults)

Friday

16:00 - 17:45 Junior Competition Class

17:45 - 19:15 Senior Competition Class

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OUR TIMES -

**MMKI NOORDHEUWEL
12 SNEEUWBERG AVENUE
NOORDHEUWEL**

Monday & Wednesday

**17:00 - 17:45 Beginners Class 1 (White/Yellow)
17:00 - 18:00 Intermediate Class (Orange/Green)**

OUR TIMES -

**MMKI WITPOORTJIE
WITPOORTJIE RECREATION
CENTRE**

Monday & Wednesday

**18:00 - 18:45 Beginners Class 1 (White/Yellow)
18:00 - 19:00 Intermediate Class (Orange/Green)**

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WE ARE FULLY APPROVED

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Karate South Africa
Commonwealth Karate Federation
African Karate Federation
World Karate Federation
African Goju-Ryu Karate Federation
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