

TEAM MMK KARATE CAMP 3

Children u/14, Cadet (14/15),
Jnr (16/17)



Full Karate Suit (GI) & Belt,
Running Shoes, Cap, T-shirt,
Shorts, Full Equipment

1 MARCH 25

SATURDAY

08 - 04

AM PM

MMK HQ

6 PLUTO AVE

R 250



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MMKI - HQ: 6 Pluto Avenue, Wilropark, Roodepoort

MMKI - Noordheuwel: 12 Sneeuwberg Ave, Noordheuwel

MMKI - Witpoortjie: Witpoortjie Recreation Centre

2025 MMK TRAINING CAMP 3

CHILDREN (7-13), CADETS (14/15), JUNIORS (16/17)

Dear parents and students

The club will be hosting its THIRD elite training camp for the year. This will finalize our elite squad's preparation for the 2025 National Championships and will take place on the 7th-9th March 2025.

Please make sure that you read the following information carefully regarding you/your child's participation and ensure that the following matters are addressed.

CAMP INFORMATION

VENUE: Morgan Moss Karate – HQ, 6 Pluto Avenue, Wilropark

DATE: Saturday, 1 March 2025

COST: The cost of the camp is R250 and is payable in cash on or before the day of the camp. NO EFT. Payment after the camp will be R 300.

DRESS: Full karate suit (Gi) and belt, running shoes, cap, T-shirt, shorts, full equipment

TIME: Saturday **(08:00-16:00)**

Saturday

08:00 – 10:00 Children, Cadets & Juniors

10:30 – 12:00 Children, Cadets & Juniors

13:00 – 14:30 Children, Cadets & Juniors

15:00 – 16:00 Cadets & Juniors

Important Dates:

Mar 1 MMK Camp 3

Mar 7-9 KSA Nationals, Childrens, Cadets, Juniors, KZN

Apr 11-13 KSA League Championships, Bloemfontein

May 10 MMK Development Championships

May 24 Seiwakai Open

May 30,31, 1 UFAK South Region 5 International Championships, Durban

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